

CCAP, INC.

112 S Kent St
Winchester, VA 22601
(540) 662-4318



CCAP 2021 Annual Report

Executive Director: Andrea Cosans

Executive Officers

Board President: Anne Ashby
Vice President: Joseph Lewis
Treasurer: Kim Zimmerman
Secretary: Mary Hall

At-Large Board Members

Virginia Grant Peggy Clark
J. J. Smith Dennis Argall
Robert Boulter James Taylor
Martha Wolfe



Mission Statement

CCAP is a cooperative effort of individuals, civic groups, businesses, and religious communities in Winchester and Frederick County. They have unified to provide financial, material, and supportive assistance in a loving way. Even with the help of existing social service programs, CCAP

clients are unable to meet their needs and responsibilities. CCAP's desire is to do God's work in a world where many basic human needs are simply not met. We are blessed to give aid because of a giving and compassionate community and many individuals who volunteer countless hours to help others.

History

CCAP formed in October of 1974 by eleven local churches as the Christian Cooperative Action Program, changing its name to Congregational Community Action Project in 1975. We are a 501(c)(3) non-profit, charitable organization that is funded by area faith communities, businesses, civic groups, bequests, and private individuals. As an all-volunteer organization (except for our Executive Director and our Community Engagement Coordinator, both full-time positions), we can designate a vast majority of monetary donations directly to client expenses.



Hours of Operation During COVID 19 Restrictions

CCAP is open to the public Mondays through Thursdays from 10:00 am to 1:00 pm and Friday from 10 to noon. Check our Facebook page or our website ccapwinchester.org for changes in hours of operation or closings and information on special events and happenings. Main Office: 112 S. Kent Street, Winchester, VA 22601 Phone: (540) 662-4318 FAX:(540) 662-8109

email is executivedirector@ccapwinchester.com

Program Overview

Food Pantry: Mondays, Wednesdays, and Thursdays from 10:00 am to 1:00 pm and Friday from 10:00 am to noon. CCAP also serves the second Saturday of every month from 10:00 am to 12:00 pm. Registered clients can come once a month for groceries, personal hygiene items, cleaning supplies, laundry supplies, pet food and litter.

Clothing House: Mondays, Tuesdays, and Thursdays from 9:00 am to 11:45 am. We operate a clothing house to clothe all ages, genders, & sizes for each season. Clients can come once a month for clothing needs. We also have linens and blankets and diapers.

Financial Assistance: Mondays through Thursdays from 10:00 am to 1:00 pm and Fridays from 10:00 am to 12:00 pm. CCAP offers financial assistance with utility bills, rent/mortgage, and other expenses--including work equipment, other necessities and appropriate needs as requested. The board sets the amount of financial assistance at the beginning of every year.

Special Giveaway Events: CCAP gives away surplus food and other items that have been donated, as well as needed supplies for those who have no fixed address. See our Facebook page or website for more information.



Program Area Reports:

CCAP continues to serve its clients through the midst of the pandemic. The clothing house is now open to clients. The rest of the program is serving clients via the internet or by distributing food with the help of our volunteers.

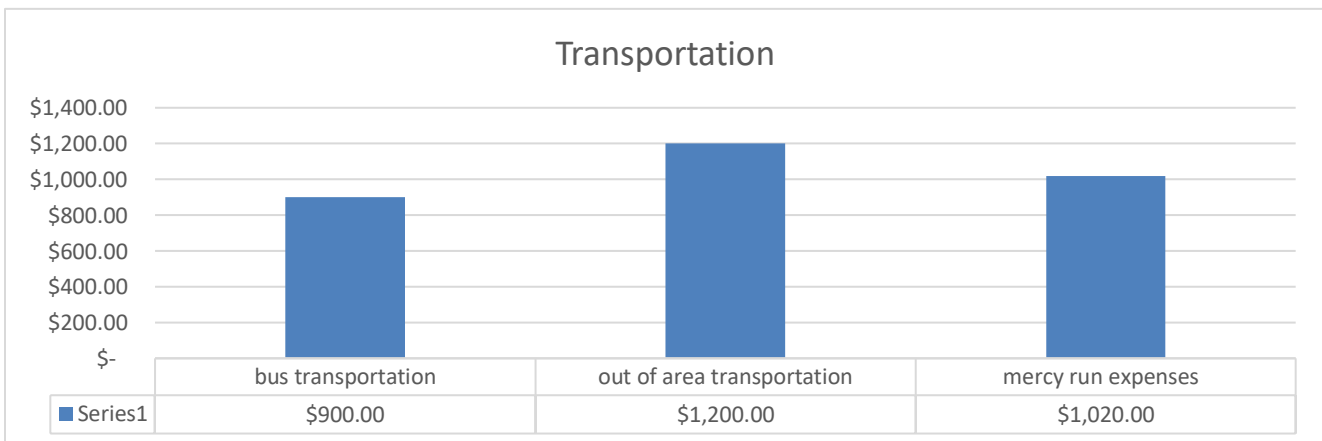
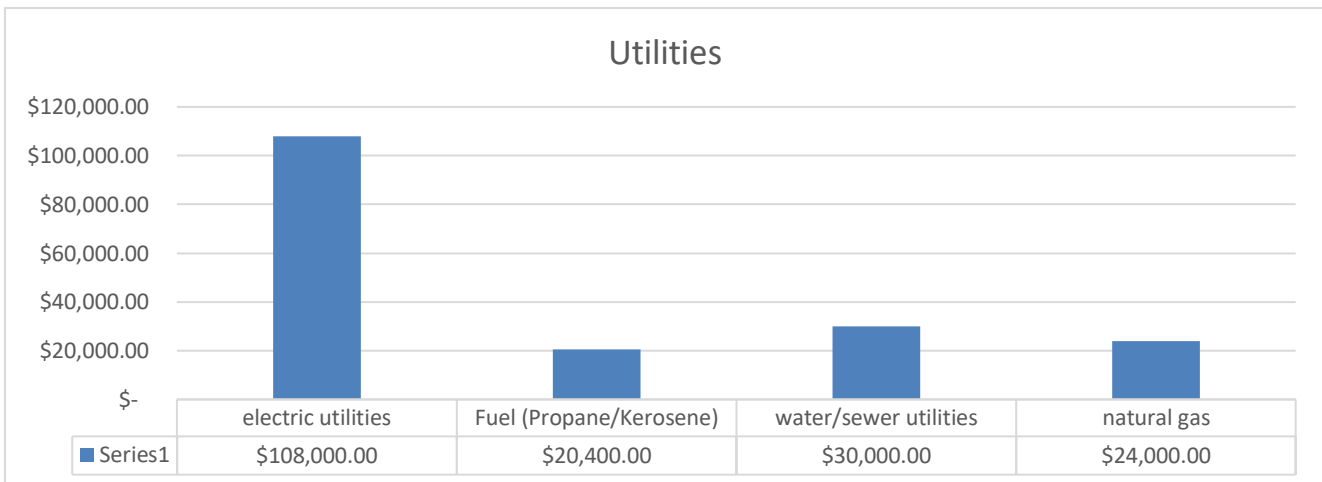
CCAP Finances:

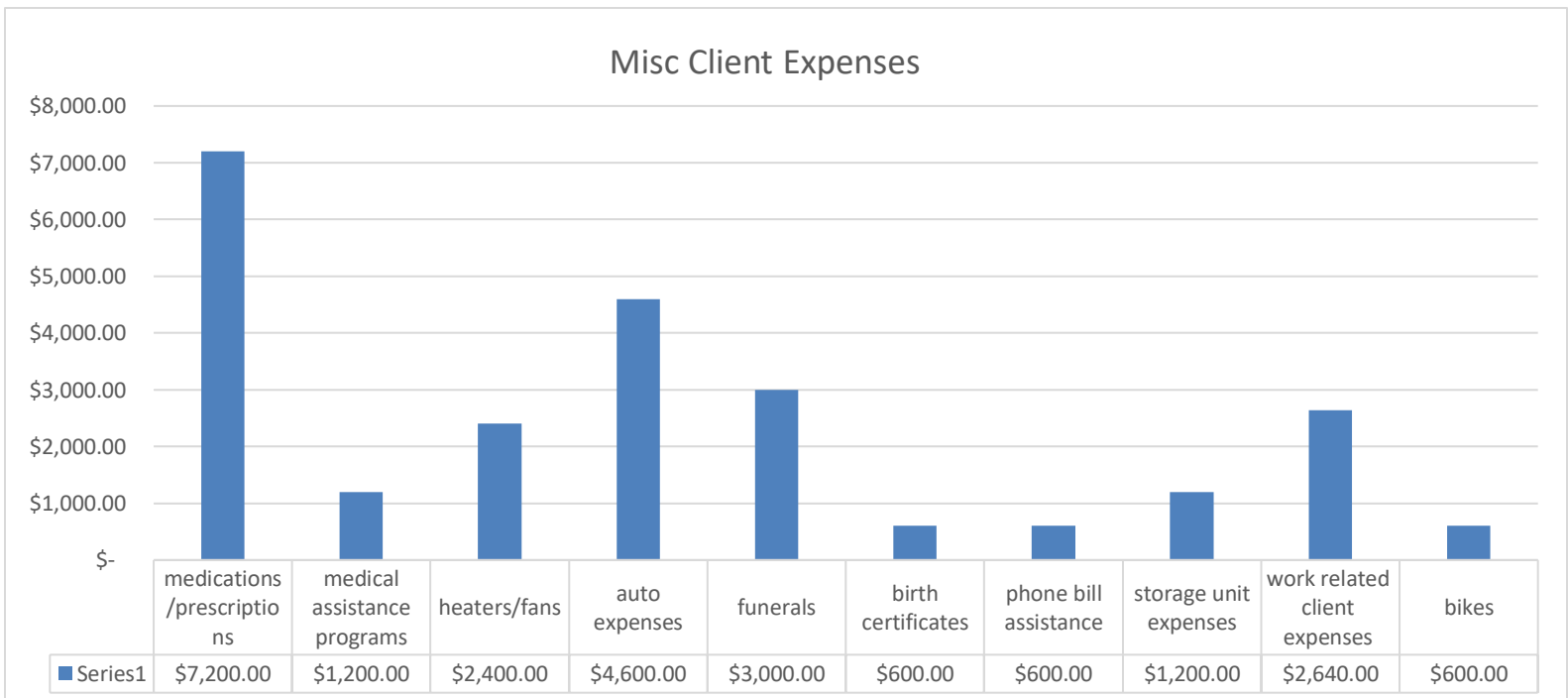
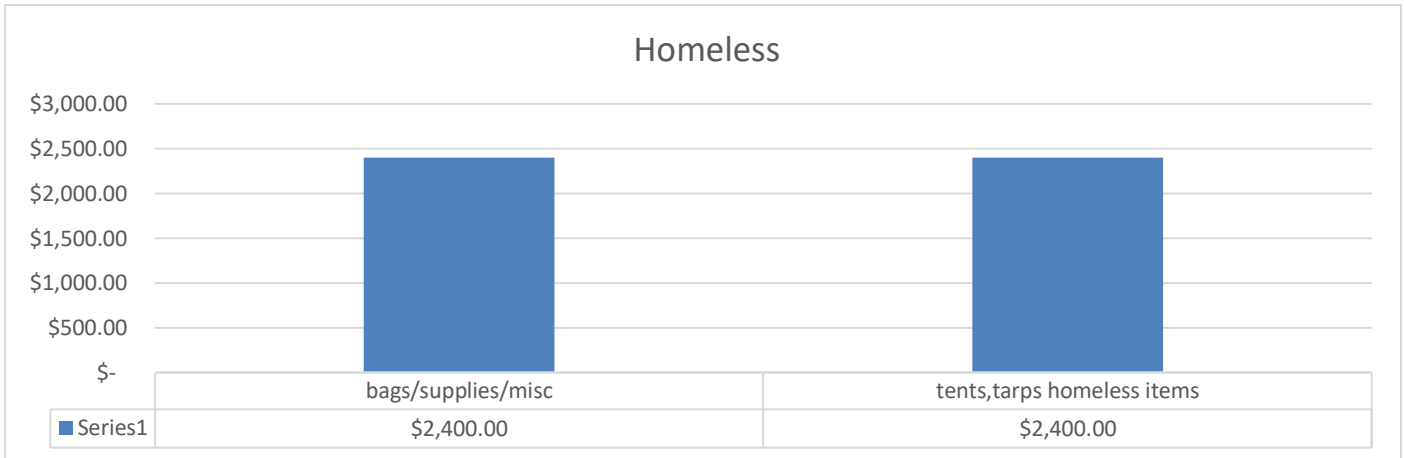
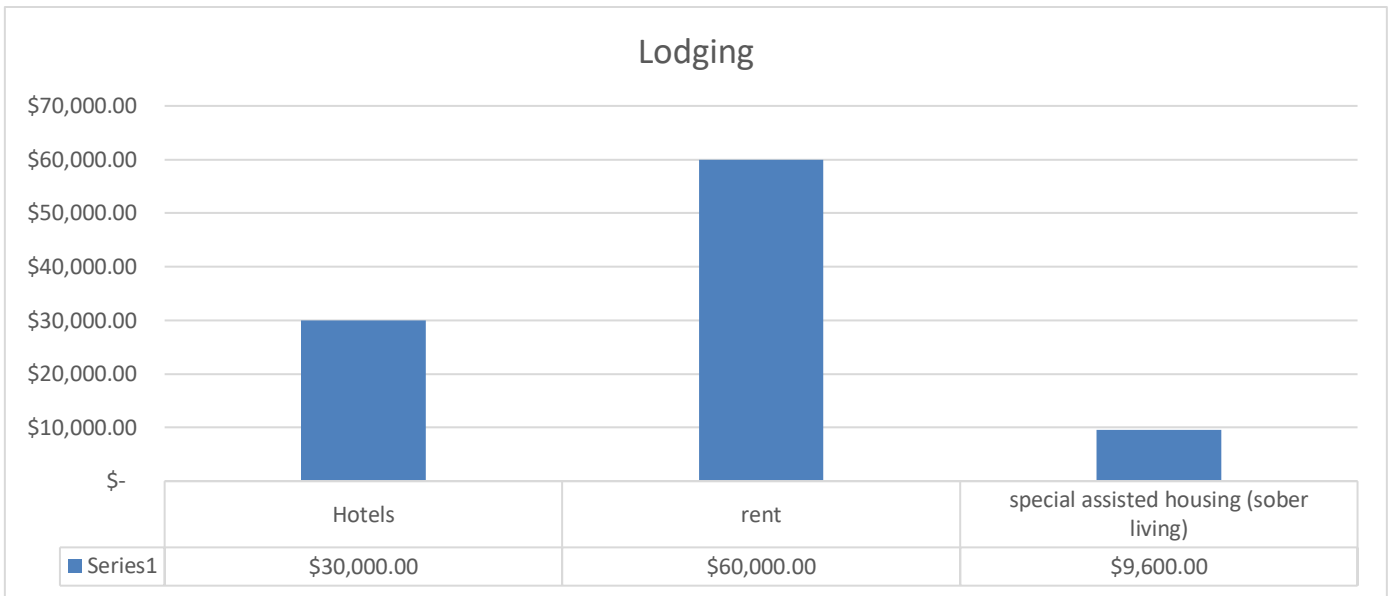
CCAP had a great year regarding finances:

CCAP assisted with \$374,771.21 in financial aid. This aid was in the form of \$300 to \$600 grants to help pay utility bills, rent/mortgage, car repairs and other necessities. These grants prevent homelessness because they help clients get through the crisis in their lives.



Here are some graphs of expenditures for our clients.





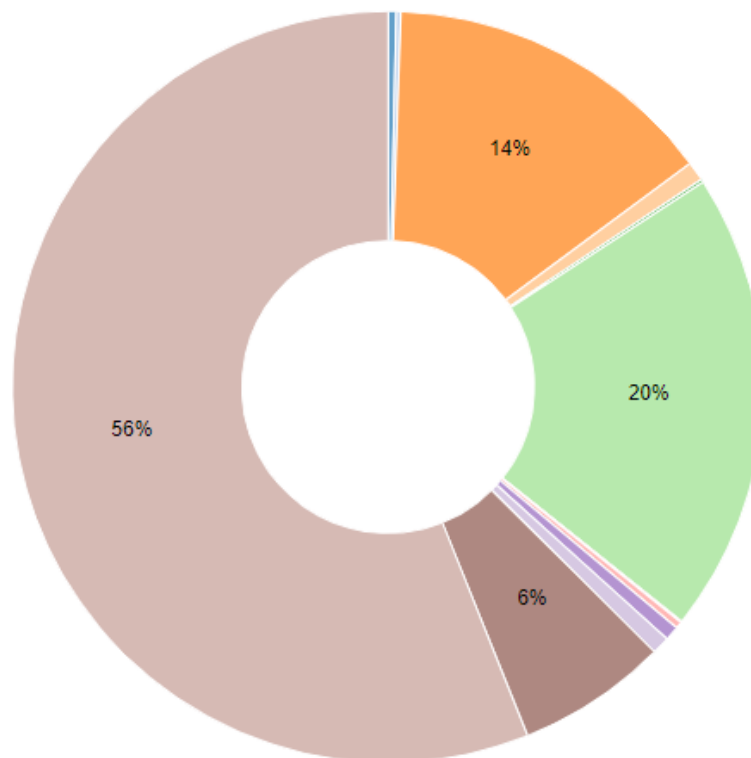
Food Pantry:

CCAP served 1447 households made up of 4459 individuals in 2021. These households visited 13,441 times during the year. The charts below show the demographics of who we serve in terms of ethnicity:

Hispanic + Another Ethnicity	Hispanic / Latino	Middle-Eastern / North-African	None	Other	Other Multiple Ethnicity	Undisclosed	White / Anglo	Total
2	288	1	4	9	11	94	811	1447

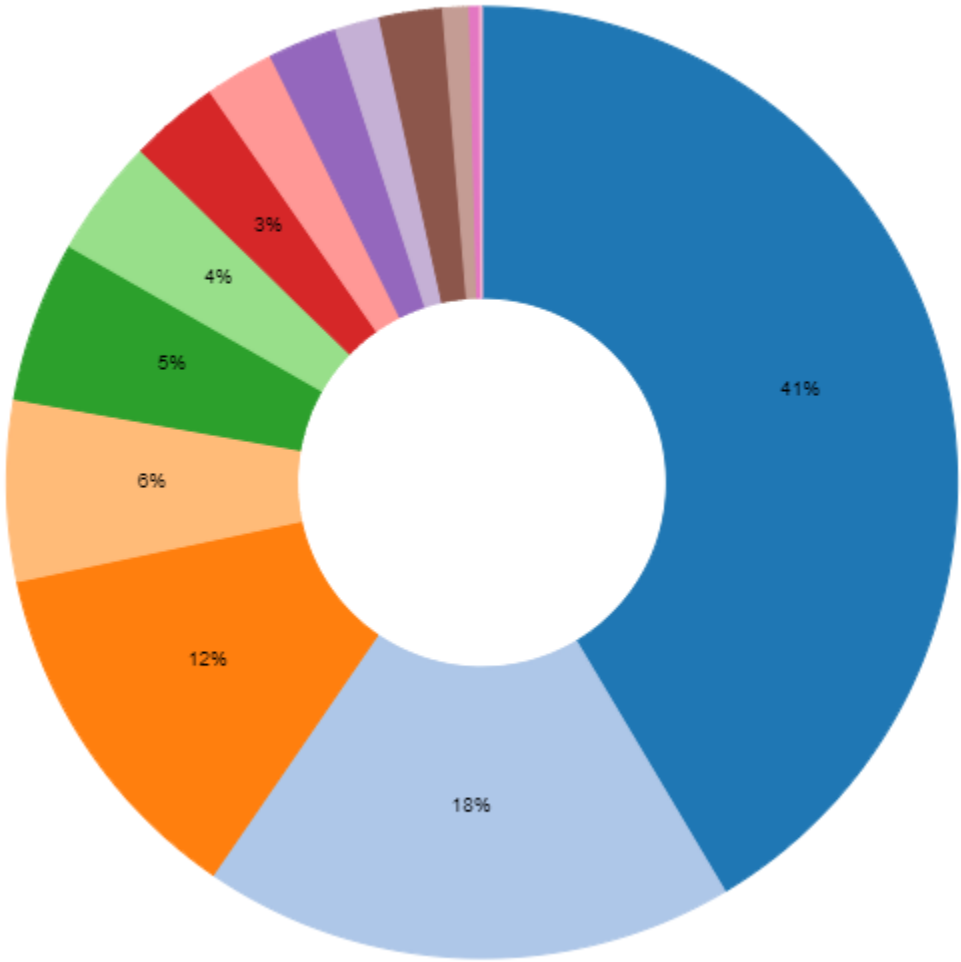
	American Indian / Native American	Asian	Black / African American	Black/African American + Another Ethnicity
CCAP-Winchester	5	3	207	12

● American Indian / Na... ● Asian (3) ● Black / African Amer... ● Black/African Americ... ● Hispanic + Another E... ● Hispanic / Latino (2...
● Middle-Eastern / Nor... ● None (4) ● Other (9) ● Other Multiple Ethni... ● Undisclosed (94) ● White / Anglo (811)



This chart shows how many times a family or individual visited the food pantry. 41% of our clients only relied on the food pantry once:

- 1 (600)
- 2 (262)
- 3 (175)
- 4 (89)
- 5 (79)
- 6 (58)
- 7 (44)
- 8 (34)
- 9 (34)
- 10 (22)
- 11 (31)
- 12 (13)
- 13 (5)
- 14 (1)



Clothing House:

The clothing house consists of two programs - the baby and toddler program and the older child and adult program. 2021 saw the re-opening of the clothing house in May and all clients were able to shop for themselves.

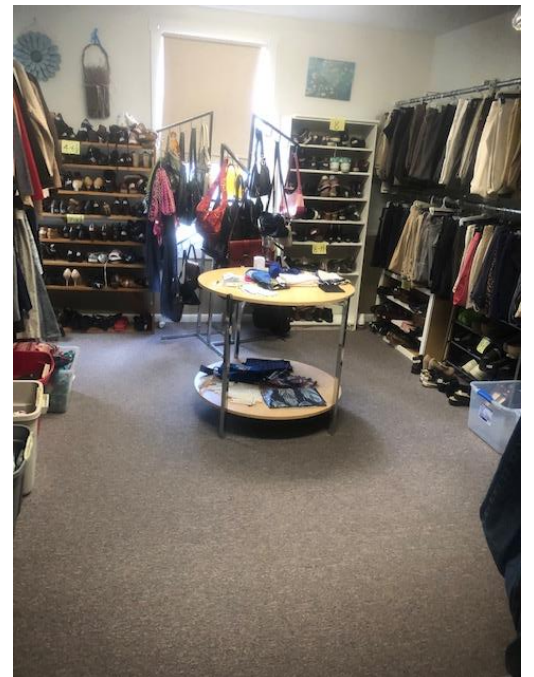
The following are the statistics for the clothing programs: In 2021 the clothing house had 4,235 visits from the older children and adult clothing program. CCAP served 615 families with 838 children under the age of 4. CCAP gave clothing to 715 children and handed out 45,564 diapers to 749 children. CCAP partners with Red Wagon Ministries which provides CCAP with most of its diapers.

Volunteers:

CCAP cannot provide the services we do without the help of our wonderful volunteers. Whether it is helping at the clothing house, helping pay bills, handing out food, driving 6 days a week to pick up food donations and giving a smile and help at the front door. In 2021, CCAP had 93 volunteers who logged 13,967 volunteer hours. This saved CCAP \$128,025 dollars in personnel costs.

Firewood:

CCAP is blessed through a firewood program that Frederick County Rotary club runs for us. In 2021, 129 loads of firewood were cut, split, and delivered to CCAP clients.



Bicycles:

CCAP gave out roughly 50 bicycles to clients who needed transportation to and from work. This is another program that is in partnership with Frederick County Rotary Club who repairs and donates bicycles.

Partnerships and Collaborations:

CCAP has spent 2021 increasing and strengthening partnerships. Bright Futures, Highland Food Pantry, Salvation Army, Toys for Tots, United Way, Unite Us, Valley Assistance Network, WATTS, Winchester Rescue Mission, Salvation Army Center of Hope Shelter, Red Wagon Ministries and Faithworks to help provide all needs for our community. In addition, CCAP has partnered with CCARES, Front Royal CCAP, Catholic Charities, Hope Again and other pantries to do food swaps which increases diversity of product and is a win for both pantries and clients. CCAP works with Shenandoah University and Valley Medical Center to get vaccines to low-income, at-risk people. CCAP is also a member of the Our Health campus. CCAP also works with Sinclair Health Clinic to help better coordinate services. CCAP continues to build a network of groups and agencies to better help our clients. We are grateful for these collaborative efforts.



CCAP's Future = UNLIMITED

CCAP continues to be committed to serving the Winchester City/Frederick County, Virginia area by providing food, clothing, and financial aid for our clients. CCAP continues to be committed to partner with other area agencies to provide more comprehensive and cohesive services and to exact a better result for all.



CCAP understands that the program is where clients in crises come for help. CCAP understands that we do not have all the answers. CCAP plans to invite other agencies to provide services on CCAP's campus. A one-stop shop model would be a benefit to our community.

CCAP continues to expand to bring other agencies to the table such as Social Services, Homeless Outreach, Peer Recovery Support, and any other agency or group that could be of use to taking our clients out of crises. An example of this is Valley Assistance Network has agreed to be CCAP's primary screening source for financial aid service. Why is this good? It will be truly impartial and will assist the client with a better outcome as they provide case management to better assist CCAP.

CCAP finished remodeling the food pantry. This year the objective is to find a consistent source of fresh produce and eggs for our clients of the food pantry. We would also like to promote the dignity and compassion of choice and independence.

CCAP is extremely grateful for our generous donors. We have been able to provide more funding for financial assistance because of the generosity of our community.



This is an example of a Freedge with an additional dry item section.

A very big and heartfelt thanks! There is still more to do, CCAP is fully staffed by volunteers except for the Executive Director. CCAP saw the additional need for a full time Community Engagement Coordinator. Already she is recruiting new volunteers.

CCAP is planning, in partnership with other groups and agencies, a community project. FREEDGE, specifically designed to bring fresh produce to low-income people who live in a food desert. CCAP is looking forward to a productive 2022.